

NONPERISHABLE FOOD ITEMS:

Bottled or Canned Juices

Soups and Stews

Spaghetti Sauce

Canned Fruits- Applesauce, Mixed Fruit, Mandarin Oranges, Peaches, Pineapple, etc.

Canned Vegetables- Beans, Corn, Green Beans, Peas, etc.

Canned Proteins- Beef, SPAM, Tuna, Corned Beef, Pork, etc.

Macaroni and Cheese

Noodles- Spaghetti, Macaroni, Egg Noodles, Fettuccini, etc.

Peanut Butter

Jams and Jellies

Canned Pasta- Spaghetti with meatballs, Beef or Cheese Ravioli, Spaghetti Rings, etc.

Cereal- Hot and Cold

Hamburger, Chicken, or Tuna Helpers

Rice- Plain or Flavored

Other items to consider:

Toilet Paper

Diapers and Wipes

Shampoo and Conditioner

Deodorant

Toothbrushes and Toothpaste